



PACELINE

**Alta Alpina
Cycling Club**

Volume 7 Issue 2
March 2009

Club Rides are Here Again

Twain Berg, Weekend Ride Coordinator

While a few folks have been riding all winter, a good day in March is about all it takes to start seeing a lot of riders back on the trails and roads. So, March is a good time to acquaint members new and old with how to share rides and fun, and to announce some new ideas. All of the following is on the [Rides](#) page of the AACC website.

AACC Ride Board and Weekend Rides

The [Ride Board](#) is where you can post a ride anytime to invite anyone to join you. Just enter the email address where you receive club emails, and the form will guide you. If it is a weekend ride, be sure click the box that says AACC Weekend Ride so it goes on the Weekend Ride Calendar automatically. If you need to cancel or change it, just go back to the Ride Board. The Ride Board gets a little crowded sometimes, so to see weekend rides only, go to the [Weekend Rides](#) link. This is our Weekend Ride Calendar. It gets updated automatically if you check the AACC Weekend Ride box when you post, change, or cancel a ride on the Ride Board.

Our Favorite Local Routes

Looking for some places to road ride? Check out the [Road Ride Routes](#) link. It has many popular club routes with descriptions, pictures and maps. We need more, especially for the Carson City, Dayton and Washoe areas. If you have any questions about these great website features, just email or call me, at ridedirector@AltaAlpina.org, or 775-901-6043.

Ride Leader Rewards Contest

This is your chance to contribute to the club a bit and get rewarded with up to \$100 in Pearl Izumi Gift Certificates at the end of the year. It's great to have a good variety of club rides to choose from on the Weekend Ride Calendar but it only happens when members post a ride well in advance. Anytime you post a ride on the Ride Board two weeks or more in advance and check the AACC Weekend Ride box, you are entered to win. For contest details see the [AACC website](#) or call or email me and I'll do it for you!

Up and Coming Rides

Look for the new Bike Shop Show and Go rides on the Ride Board and on the Weekend Ride Calendar, and starting in April we'll feature one special ride a month here in the newsletter. Thanks to all who have already agreed to lead a ride this year.....I'll call soon.



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Spring Membership Party

CVIC Hall, Minden

Monday, April 20

Doors Open 6pm

You're invited to the official Tahoe/Carson region kick-off party for the 2009 Cycling Season.

Bring your friends and neighbors for free food, see your old biking buddies, chat with the new club president, and find out what's new with the club this year.

Club clothing (jerseys, shorts, T-shirts) will be available for purchase.

New for this year: we'll have a Bike Swap, so bring any bike



2009 Membership Renewal

Have you Renewed Your Membership Yet?

To continue receiving the club newsletter, Ride Board postings and all other club benefits, you need to renew your membership by April 30. If you received a 2009 membership form by email and everything is correct, just print it, sign and initial where indicated, and mail with your payment.

If you need to update any info on the form, just head to www.altaalpina.org and click on the Membership link.

Remember that your membership card, which is the label on the first copy of your newsletter after renewing, is good for discounts at local merchants. If you've already signed up for electronic newsletters, then the only printed newsletter you'll receive is the one with your membership card.

Fifth Annual Mountain Bike Poker Run

On Saturday, April 25th, Nate Littrell will be hosting a Mountain Bike Poker Run. Over the past four years, the ride has become something of a tradition. With a barbecue and water play for the kids, the poker run is a great start to summer fun. The course is an easy one, designed to allow nearly anyone to complete the ride (the youngest rider to complete it was four). The start and finish of the ride is at Nate's house, near 'The Tree' in Ruhensroth. "I have a huge backyard, so I feel obligated to throw parties" says Nate. For details (like directions to his house), check the AACC Ride Board on the website, or this newsletter in April. But mark your calendars now!



Sasha Littrell demonstrates proper Slip n Slide technique during the after ride barbecue.

ALTA ALPINA CHALLENGE: RIDING THE WILD SIERRA

Excitement is building for our big ride on June 13. Participants from as far away as Arizona and Washington state have reserved their spots. In fact 30% of the spots we have for one to eight pass riders have already been reserved!

Here are a few of the comments we've received:

- I see from your web site that you did not originally think you'd sell out the Riding the Wild Sierra event. I would be surprised if you don't! The best riding venue in the state, run by the originators of the Death Ride, you can't help but sell out.
- Your ride sounds great. I'd like to reserve a spot.
- Hello, I would like to reserve a spot for the 8 pass, this looks like an epic bike ride! I have done the Death Ride a number of times and this actually looks like a challenge.
- Sounds like a blast! I didn't get into the Deathride so this should get my high sierra fix taken care of nicely.
- I look forward to attempting this fantastic-ride.
- AACC, Hey guys thanks for offering up an alternative to the Death Ride (which I've done all 5 passes 4 times and don't care to repeat).
- Let me know when registration opens and the costs.
- I have passed your web page on to several of my friends that are DR vets to see if they will be interested - we have been doing the Mt Shasta century the past few years - we are all burned out on the DR.....
- Thanks much, the course sounds great.
- I'm so happy it's been included in the California Triple Crown schedule! Please save me a spot.
- We already have a reservation for a cabin at Sorenson's and can't wait until your official ride jersey is available!
- I'm interested in doing this ride. I completed the Death Ride last year and plan on the DMD this year, so this ride seems like a perfect step up from both.
- It's very nice of your club to do this. We look forward to your event with much anticipation.
- Save me spot for the world's toughest double!
- I'm really looking forward to this ride! The folks from Alta Alpina are always such great hosts.
- Alta Alpina rocks! This will be by far the best event on the triple crown calendar!



Presidential Patter

Pete Costa, President

The chill of winter is starting to thaw and along with warmer (and longer) days comes a renewed energy to get on your bike. A new season is starting ... the centuries, Lance is back, the "New 2009 Gear" issues of the various bike magazines... all filled with promise for an exciting year. Well, I can tell you that Alta Alpina Cycling Club will have familiar favorites and some new things to look forward to in 2009.

Spring Membership Party

I want to invite everyone to the Alta Alpina **Spring Membership Meeting on April 20th** at the CVIC Hall in historic downtown Minden, the same place as last year. This is the place to be and to be seen, if you want to make this year one of your best on the bike. You've probably heard that breakfast is the most important meal of the day; well, the Spring Membership Meeting is the most important meeting of the year. This year we will have a "bike

This year we will have a "bike swap" at the Spring Party.

swap" at the meeting... bring bike stuff you want to sell or give away to other members, or if you're looking for

something, you just might find it here. You can renew your membership at the meeting if you want to, but you'll avoid the line and make it a little easier on us by bringing your waiver with you; you should have received an email already with this year's waiver to sign. If you didn't receive the email, renew online by going to AltaAlpina.org and clicking on the "Join/Renew/Update" button on the right side of the home page. Either way, you can turn in the waiver and payment to the Party, or just mail it in.

The Club 2009

Twain Berg has been very busy this off-season coming up with new rides, more ride leaders, competitions, and maps of our the club's favorite rides posted on the website. Check out the AACC Ride Board: there are already some new rides being posted for the next few weeks. Di Bolton has this season's club road race schedule finalized, and will kick off the series April 23rd. Mountain bike race/ride series details are still being worked out as Mike Beam, the coordinator for the past three years, is unable to continue. You can count on

many of our club's annual line of events like the G'ville 100, Pinenut Cracker, Carson Valley Classic, King (and Queen) of the King, and Genoa Cyclocross.

Alta Alpina Challenge: Riding the Wild Sierra

The main event this year is the Alta Alpina Challenge on June 13th, beginning and ending at Turtle Rock Park. An inaugural event that has the potential of becoming a "must do" ride on the region's summer ride calendar, and the major fund raiser that allows AACC to continue its mission of supporting all forms of cycling in the Lake Tahoe, Carson City, Carson Valley and Markleeville region. The planning, organization and staging of the Challenge is rolling along. The Challenge will have something for every club member to get

An inaugural event that has the potential of becoming a "must do" ride on the region's summer ride calendar...

involved in, and there will be opportunities to ride, too. There is an opportunity and a need for everyone to participate. The promise of next year depends on the success of this year's Challenge. In order to organize our membership and match you to a volunteer position you are interested in, please fill out the form on this web page:

<http://tinyurl.com/june132009>

More Changes

Have you noticed we have a new Paceline editor? Chris Zombro had to resign her position as the editor as school was requiring more time than she had anticipated. We thank Chris for a job well done these past two years. Jennie Hamiter ... remember her? ... has volunteered to take over the editor position.

There is so much going on it's hard to write about it all. There is more to come. Make a point to attend the Spring Membership Meeting to learn more, and check the AACC web page frequently as new items are being put up almost daily, thanks to our webmaster Dennis Pederson, and club members like you posting rides.

I'll see you on a ride soon.



AACC Member Profile:

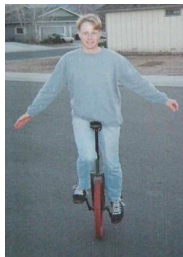
Robert Braun

AACC Member since: 2005

Current Residence:
Gardnerville Ranchos, NV

Immigrant from:
Plymouth, Indiana (flat land)

Bikes I ride: K2 Razorback,
Specialized
Stumpjumper M4,
Airborne Zeppelin,
Torker Unicycle



My cycling style is...:
Race it like you stole it,
otherwise it's a social ride.



Favorite Rides/Races:

Every ride is my favorite ride; the more, the better.

Favorite Post-Ride Food:

Glass of cold lemonade

Other Sports & Pastimes:

Uni-cycling, snowboarding, reading, baking, computers, and music

Ambitions/Aspirations:

To stay physically active well past 60

My Motto or Inspired Quote:

"Keep the shiny side UP. And, smile, it gets people wondering what you are really thinking!"



It's the third day of the 2008 Bicycle Tour of Colorado, and I'm a couple miles from the town of Telluride, at 9000 feet. I look better than I feel. The next day is a day off. It rained earlier this day -- you can't see how muddy the bike is or my legs.

Chris Zombro-Rhiner

Where in the World is Alta Alpina?

"Where in the World is Alta Alpina?" is a new Paceline feature, featuring club members in club jerseys somewhere in the world. You're all encouraged to send in photos of great places you and your jersey have been, in California, Nevada, the US, or the greater big wide world. Whatever cycling vacations or just organized rides you've got ahead of you this year, please take along a camera. Then send a high-resolution photo of you in a club jersey, with a background showing off where you are, to Paceline@AltaAlpina.org. Include a sentence or two for a caption: where was the picture taken, what was the ride, and anything else that made that day or ride interesting or unique.

Club jerseys are available at Bike Habitat in south Carson City (next to Best Buy), (775) 267-5053.

Editor's note: Chris Rhiner has stepped down after being the Paceline editor for the last year and a half. We'll miss her friendly, down to earth style for the newsletter content. Thanks for all the hard work and fresh ideas, Chris!



Pinenut Cracker Mountain Bike Race

Robert Braun, PNC Director

The Pinenut Mountains set the scene for the umpteenth annual Pinenut Cracker Mountain Bike Race, on Saturday, May 2nd. Dirt, singletrack, knobby tires, rocks, wildflowers, sweat, heart-pounding ascents, yee-haw descents, all on a sesame seed bun. Are you ready?

We need volunteers to help with registration, course marshaling, and the neutral feed zone; if you can help, please contact PNC race director Robert Braun, at

robertingville@yahoo.com. And if you've ever had an inclination to race mountain bikes, don't let the Pinenut Cracker pass you by: the course and the atmosphere are always fun and friendly, so come out and try it.

For **all the dirt** on the Pinenut Cracker, (start time, race fees, etc) see the flyer posted on the AACC website, or wait for the April edition of the Pacheline.



Local Merchant Discount Program

We're excited to announce that local merchants who support AACC will be offering discounts to club members.

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase. [If are an active AACC member, the mailing label on the first Pacheline you received upon renewal has the club logo and note indicating that it is your membership card.]



For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org



Bike Spokesman: Stay Active - Get Involved & Be Heard!

Tim Rowe, Bicycle Advocacy Coordinator

Let's Ride – to Work!

May is Bike to Work Month, and specifically Bike to Work Week is May 11-15, 2009!

Lake Tahoe: Lake Tahoe is again organizing Bike to Work Month activities, including the annual Bike to Work Challenge! Check out information on the Lake Tahoe Bicycle Coalition website:

<http://www.tahoebike.org/>

Or email TRPA Bike to Work people at:

biketowork@trpa.org

Carson City: Check the Muscle Powered website, at <http://musclepowered.wordpress.com/>

2009 Nevada Bicycle & Pedestrian Conference

This year the conference is Wednesday and Thursday, May 20 & 21, at Mont Bleu Resort/Casino, Stateline, Nevada at Lake Tahoe. This annual conference is sponsored by the Nevada Bicycle Advisory Board and NDOT. A few scholarships will be available for new people from bicycle groups interested in attending. The conference will include seminars, an expo, two lunches and a barbeque on the beach on Wednesday! For more information on the 2009 Nevada Bicycle & Pedestrian Conference please check the website:

<http://bicyclenevada.com/>.

Nevada Bicycle Advisory Board (NBAB)

The next meeting is Thursday, March 19, in Carson City – location yet to be determined. Public is invited! Please check the website: <http://bicyclenevada.com> for agenda and past minutes. Action items this meeting:

- Safe Routes to School Proposal review
- NBAB Mini Grant approval
- 2009 Nevada Bicycle Awards
- Final plans for 2009 Bicycle & Pedestrian Conference

If you have any questions – please contact Tim Rowe, NBAB Chair for 2009 at 267-9531 or trowebikes@aol.com

2009 Nevada Bicycle Awards

Awards will be announced by NBAB at the 2009 Bicycle & Pedestrian Conference. Categories include:

- Advocacy/Activist (up to two awards per year)
- Individual Employee-Public Agency (up to two)
- Agency Award (one per year)
- Community Plan (one per year)
- Lifetime Service Award (one per year)
- Bike Organization/Club (one per year)
- Nevada Bicycling Board Member of the Year (one)

Board Meeting Minutes—March 10, 2009

Secretary: Lauren Lindley; Other Board Members: Michael Bayer, Diane Bolton, Robert Braun, Pete Costa, David Gaskin, Jennie Hamiter, Dennis Pederson, Tim Rowe; Other Attendees: Corey Bolton, Craig Steele, Corey Welsh

1. **Alta Alpina Challenge:** The Alpine County Sheriff's department is not returning calls. CHP has implied that they are going to require a 9:00 PM cut off time. Michael has prepared a presentation regarding their concerns and has not heard back from them yet. Discussion of possible pricing changes to accommodate CHP fees: \$100 for 8 pass riders, \$85 for 5-6 pass riders, \$60 for 1-4 passes; \$30 for Kid Carson. Create an email address for club members to report road hazards on the course in the weeks prior to the course - roadhazards@altaalpina.com We are going to encourage members to lead "Road Hazard Rides."

Pete requests a bi-weekly report on expenses and incoming revenue to keep a tab on the event expenses. Corey will go to Alpine County with form needed to borrow signs per an old contract that stipulated they would allow local groups to borrow the signs.

2. **Vacant Membership Coordinator Position:** Pete Costa makes a motion to appoint as Patti Towns as the new membership chairman. Motion passes.
3. **2009 Budget:** Pete motions that we accept the 2009 budget with addition of \$100 for gifts given, \$750 for donations, leave mountain bike race



series budget as is, and increase the size of the storage shed, hopefully without increasing the cost in the budget, decrease the newsletter budget to \$3000, and raise the income of the CVC to \$12,500.

4. **Annual Financial Report to the Membership:** Jennie needs this for the membership newsletter.
5. **New Accountant Search:** The accountants we have used for the last past years are no longer in business. Pete has spoken with two possible firms in the Gardnerville area that are familiar with our club and can do work for non-profits. Meetings are set to introduce them to our books and get a cost quote. Our return this year with the IRS will be significantly easier because our incoming revenue was less than \$25K.
6. **Tax Exempt Status:** We are not a 501(c)3 - we are a 501(c)4. Pete would like to make this an item agenda for the fall when there is less to discuss.
7. **Appointment of a new Paceline Editor:** Jennie Hamiter was appointed the new Paceline editor.
8. **Review Club Flyer for Bike Shops:** Was waiting for Gardnerville 100 date. Will print without the Gardnerville 100 date. Winter topics should be updated to reflect spring topics as we've moved later into the year.
9. **Merchant List:** Pete is going to attempt to add more merchants to our list.
10. **Club PayPal Account:** Pete would like to set up a donation account through PayPal.com so that if someone would like to make a donation it is easy and accessible via the web. Fees are minimal and competitive with merchant account services. Pete makes a motion that we look into placing a link to a PayPal account on the website for this purpose. To be followed up at the next meeting.
11. **Review Mission Statement and Job Descriptions:** To be moved to the next meeting.
12. **E&O Insurance:** \$550 quote from the League of American Cyclists was competitive and standard. It covers if we are hiring someone and then paying them for their services and they sue us for discrimination, or if a volunteer tries to sue us for discrimination of some sort. We may revisit this for 2010 but there is no reason to look into it this year.
13. **Monthly Status Reports:**
 - **Treasurer's Report:** As of 2/17/09, \$44,306.94. We did cash in our CD.
 - **Memberships:** No members for 2009. Spring Membership party on April 20th will be our big

membership drive since things have kicked off late. Pete's wife will organize a bike swap.

- **Weekend Rides:** Show and Go Rides - Rides to be printed in the Paceline with a disclaimer: "Rides are subject to change or cancellation. Please check the ride board for updates."
 - **Newsletter / Media Relations:** Jennie can take input for the Paceline up to a week before the board meeting. Pete would like to see more information from the club go out to local newspapers. In addition, a welcome to new members and an old members Lost & Found column.
 - **Website:** We need some new photos. Dennis has been bogged down with new site creation for the Challenge. "Classified Ads" page to be deleted as it is not utilized.
 - **Weekly Road Races:** Schedule is ready. First race is April 23rd. Fees will be \$10 member/\$12 non members.
 - **MTB Race Series:** MTB Race or Ride series to be tentatively held. Corey Welsh will look into possible new venues at the lake or Kirkwood.
 - **Junior Team:** Mel not in attendance.
 - **Gardnerville 100:** Keith is unable to host the Gardnerville 100 this year. Club to look for a new coordinator for spring event; if not we will move it to the fall.
 - **Pine Nut Cracker:** Saturday, May 2nd. Flyers are ready. Unsure if we are still current in USA Cycling membership or not; needs to be looked into.
 - **Bike Advocacy:** They are trying to change some laws in NV regarding cyclists hand signals and bike path uses. Bike to Work Month to be discussed next meeting.
 - **Adopt-A-Highway:** Pete would like to add vegetation control to our duties on the highway once a year so that we can take care of weeds before the Challenge. Looking at a date in April/ early May to hold a litter pick up and then one or two weeks before we go out with weed whackers for the Challenge.
 - **Clothing:** Garth not in attendance. Prices on jersey manufacturing has gone up. We need to change the prices on the jerseys to reflect the new prices: \$65.
14. **Next Meeting:** April 6, 2009 at 6:00pm at the Pizza Factory in the Ranchos.



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

- Spring Membership Party ... Monday, April 20
- Mtn Bike Poker Run . Saturday, April 25
- 1st Twilight Road Race . Thursday, April 30
- Pinenut Cracker Saturday, May 2
- Alta Alpina Challenge: . Saturday, June 13
- Riding the Wild Sierra

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Pete Costa	President	president@AltaAlpina.org	775-782-8493
Mel Maalouf	Vice President	alpinajr@gmail.com	775-782-9652
Lauren Lindley	Secretary	llindley@pearlizumi.com	
David Gaskin	Treasurer	dlgaskin@earthlink.net	530-541-6472
Patti Towns	Membership Coordinator	membership@AltaAlpina.org	
Twain Berg	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-901-6043
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@charter.net	775 782-4729
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Pete Costa	Road Cleanup Coordinator	intandempc@aol.com	
Jennie Hamiter	Paceline Editor	paceline@AltaAlpina.org	775-782-4848
Garth Jackson	Carson Valley Classic	gjacksonbsee@yahoo.co	206-459-9075
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Dennis Pederson	Website Coordinator	webmaster@altaalpina.org	775-883-2390
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

Newsletter Editor:
 Jennie Hamiter
 Newsletter Publisher:
 Michael Bayer

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **April 6** at the **Pizza Factory** in the **Ranchos.**